

# No. More. Fear.

Going to the vet shouldn't be scary for your pet. If your pet hides, shakes, growls, or attempts to bite when he is being examined, groomed or bathed, this class is for you.

Fear-Free Mission Statement:

*"Prevent and alleviate fear, anxiety and stress in pets by inspiring and educating the people who care for them."*

We're all in this together



## Paws in Training

Animal Training & Behavior Specialists

Specializing in Fear and Anxiety  
Canine/Feline

Call or visit our website today to  
make your class reservation

919-896-2859  
[PawsInTraining.com](http://PawsInTraining.com)

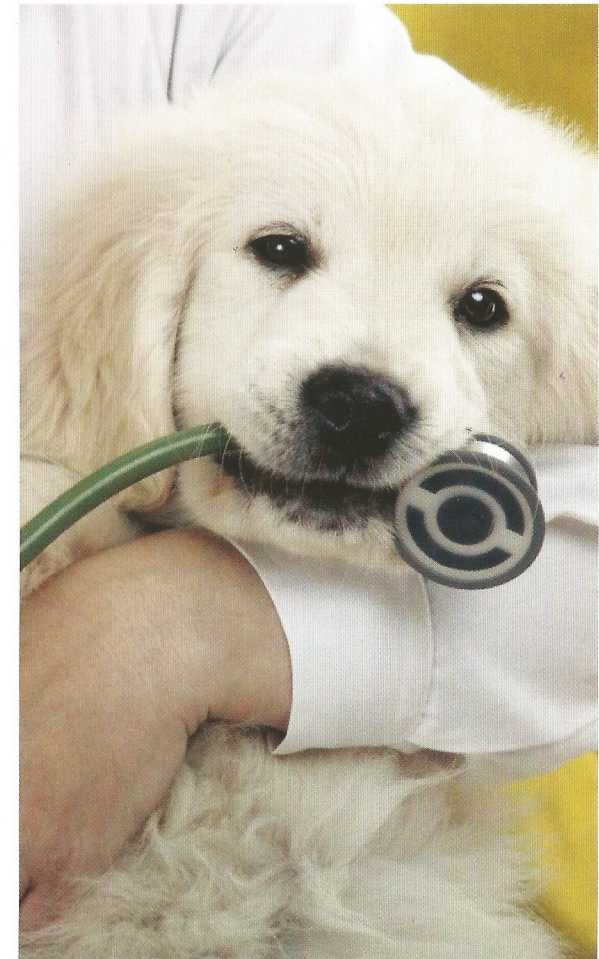


Offering Group Classes as well as  
In-Home Programs



## YOU & ME FEAR-FREE

Eliminating Fear of Veterinary  
& Grooming Procedures



## The Fear-Free Class

Pets and their guardians will learn:

- The body language of fear and anxiety.
- How to detect fear and anxiety, avoid making it worse and how it can turn into aggression.
- What we do as humans, without realizing it, that can increase our pet's fear and anxiety.
- How to ensure that your puppy or kitten never learns to fear veterinary or grooming procedures.
- For pets that have already learned fear, how to reverse that fear quickly.
- How to teach your pet that purposeful touch is not only safe, it makes wonderful things happen to him!

## Acclimating to Equipment

Animals often learn that equipment such as brushes, scissors, syringes, stethoscopes, scales and nail trimmers are scary. This class will teach you how to change your pet's perception!



## The Costs of Fear

Remember when you first brought your pet home? You promised to love, protect and always provide for your new family member. You don't have to let fear or anxiety stand in the way of these promises.

Regular veterinary and grooming care is essential to your pet's health. If anxiety on the part of you or your pet is preventing this critical care, we can help!

## Health Related Costs

- Fearful and reactive pets often do not receive the benefit of a full exam.
- Pets that cannot be brushed regularly develop painful mats that often require shaving to correct.
- Pets that require sedation for examination, undergo unnecessary health risks and significantly higher costs are incurred. See table below.

## Financial Costs

Procedure	Avg Cost	Avg Cost with Sedation
Nail Trim	\$18	\$133
Annual Exam	\$95	\$210
Anal Gland Expression	\$45	\$155

## Testimonials

*"Before this class, I dreaded going to the vet's office. Beni was fear aggressive and I was embarrassed and ashamed of his behavior. I thought it was normal for him to be afraid; now I know better. We've both learned new skills and can go to the veterinary office with our heads held high!"*

*"Princess didn't see her vet for 5 years because getting her in the carrier was a major battle and she yowled non-stop in the car. At the clinic she would hide and be uncooperative. Princess now loves her carrier, is calm and quiet in the car AND prances around the vet's office like she owns the place! This program has completely changed both of our lives."*

## About Paws in Training

- Fear-Free, Low-Stress Handling Certified.
- The Fear-Free class is taught by Angel Wasserman, CCBC, CPDT, owner and head trainer.
- Specializing in fear and anxiety disorders.
- In home training and problem resolution.
- Offering a variety of group classes.
- Combining scientific methodology with positive reinforcement. You and your pets are safe with us.
- Servicing canines, felines and their people.

Animals of all ages can unlearn fear and learn instead that it is safe to be touched, examined and groomed.